

*soul*

SPA



## Spa Philosophy

*Soul Spa is the ultimate spa experience in downtown Jackson, MS. Our mission is to help you achieve tranquility through a journey of thoughtfully holistic body treatments and massage therapies inspired by our modern urban setting. Let us provide you an escape from the fast pace of the world which surrounds us and restore serenity to your Soul.*





# Massage Treatments

## ○ Soulful Personalized Massage

50 / 80 mins

Treat your body to a new and totally bespoke approach to massage when you indulge in this fully-tailored treatment. Whether your tense muscles need easing, your mood needs boosting, or your mind needs calming – this unique experience delivers exactly what your body and spirit require.

## Volcanic Hot Stone Massage

50 / 80 mins

Succumb to the deeply relaxing powers of hot stone massage. Combining tailored massage with personalized aromatherapy oils, this restorative treatment targets areas of persistent tension, soothes tight, tender and aching muscles, and leaves body and mind revived and restored.

## Deep Tissue Massage

50 / 80 mins

Let go of every last bit of tightness and strain in your body with this re-energizing massage. Combining hot stones, powerful, specialized massage techniques, and effective muscle-stretching movements, deep-seated tension is unraveled and lightness is restored to limbs.

## Mom-To-Be Massage

50 / 80 mins

Support your body at this precious time with this soothing, yet highly efficacious, treatment. Delivering total relaxation and maximum results, nourishing formulas combine with expert massage techniques, helping to smooth and even skin tone while melting away tension.

## Facial Treatments

### Soulful Personalized Facial

50 / 80 mins

Following skin analysis with our SkinVision™ lamp, naturally advanced spa skincare products rich in plant and marine extracts are selected according to your individual needs and used alongside tailored massage to deeply cleanse, exfoliate, purify and boost your complexion. This customized treatment is completed with a divinely relaxing scalp massage.

### Epic Life-Stage Facial

80 mins

Infuse mature skin with new youthful vitality as you visibly target each sign of ageing with this regenerating treatment. Results-driven, this instantly effective facial smooths fine lines and wrinkles, restores elasticity, and diminishes the appearance of age-related pigmentation, redness and large pores.

### Volcanic Anti-Inflammatory Facial

50 / 80 mins

Custom tailored for both women and men, choose from an array of the very luscious fruit, vegetable and herbal skincare products handcrafted by Éminence Organic Skin Care. These organic ingredients have an incredibly fresh aroma, with natural pure vitamin infusions and high bioflavonoid content. The selection addresses a variety of skin concerns such as premature aging, sun damage, loss of vitality, tone and radiance. This signature facial offers a wide spectrum of cleansers, toniques, exfoliants, masques, serums, eye creams and moisturizers that you and your skin specialist will select to give you a customized facial.

### Optimal Skin ProFacial

50 mins

Restore a healthy balance to skin and delay the early signs of ageing with this targeted ESPA facial. Pioneering natural products instantly hydrate and revive skin exposed to harsh environmental conditions, while tailored massage smooths and lifts facial contours.

## Facial Treatments

### Revitalize Facial

50 mins

Instantly brighten and revitalize skin with this supercharged facial. Fresh, glowing, luminous results make this highly-targeted treatment ideal for fatigued or lackluster complexions, delivering the ultimate skin-boost for every skin type and age.

### Brightening Facial

50 mins

Target dark spots and hyperpigmentation while you brighten your skin with natural and organic ingredients. Relax while we cleanse, tone, exfoliate, treat, hydrate and protect your skin with brightening bearberry, lightening licorice root and soothing stone crop. Throughout this facial, we'll use the VitaSkin™ Bright Skin solution, featuring a gentle but effective Natural Hydroquinone Alternative to reveal a naturally luminous, brighter you.

### Organic AHA Glycolic Peel

50 / 80 mins

Éminence addresses a variety of skin concerns such as premature aging, sun damage, loss of vitality, tone and radiance. This special organic skin care treatment offers ingredients of various fresh fruits, vegetables and herbs. The hot Paprika Herbal Treatment will leave you feeling radiant and refreshed. Your skin will have an indefinable glow.

### Express Eye Lift

20 mins (Add on Only)

Instantly target fine lines and tell-tail signs of ageing with this revitalising treatment that brightens, lifts and tones your delicate eye area.



## Body Treatments

### Urban Renewal Body Treatment

50 mins

Re-energize tired, aching backs, feet, and legs after a long day. Feet are first treated to a soothing soak and scrub before the legs and feet are massaged with an individually selected pure essential oil blend. Next, the back is exfoliated and treated to a deeply restorative massage with hot stones.

### Healing Stonecrop Body Wrap

50 mins

Extreme sensory pleasures are derived from this refreshingly chilled masque and warming wrap. Beginning with a light scrub for receptivity, a cool blend of stone crop, an exotic succulent historically used to increase the moisture content and health of all skin types is generously applied. Then a wrap of thermal blankets and hot towels is applied while your feet and scalp are treated to an acupressure massage. The uncommonly stimulating contrast of cool and warm is not only a delight to the senses but also exercises the skin on a cellular level. This body renewal is finished with a light massage of organic Stone Crop Whip Moisturizer for a radiant replenished body.

### Body Polish

25 mins (Add on Only)

Reveal nourished, smooth, and supple skin with this exceptionally softening, full body exfoliation. It's the perfect prep to maximize the absorption benefits of other body treatments.

## Couples Therapies

### Couples Personalized Massage

50/80 mins

Treat your bodies to a new and totally bespoke approach to massage when you indulge in this fully-tailored treatment. Whether your tense muscles need easing, your mood needs boosting, or your mind needs calming – this unique experience delivers exactly what your body and spirit require. We tailor each massage to the individual needs of each partner.

### Couples Personalized Facial

50/80 mins

Reveal exceptional results whatever your skincare concern with this entirely bespoke expert couples' facial from ESPA. Following skin analysis with our SkinVision™ lamp, naturally advanced spa skincare products rich in plant and marine extracts are selected according to your individual needs and used alongside tailored massage to deeply cleanse, exfoliate, purify and boost your complexion. This customized couples' treatment is then completed with a divinely relaxing scalp massage.

### Romantic Escape

110 mins

The perfect way to escape and get spoiled together. Melt away tension and bring your bodies and minds back into harmonious balance. Body brushing and exfoliation first smooth and soften skin, followed by an indulgent massage using nourishing essential oils and warmed volcanic stones to penetrate tired, aching muscles. Finally, a comforting scalp massage and gentle stretching allows you to relax and unwind.

### Ultimate Indulgence

4 hours - Private

For the Ultimate Couples Indulgence, this 4-hour private after hours buy out give you and your partner complete exclusivity to our spa. The experience begins with a 50 minute personalized couples massage. Next, you will be treated to a personalized 50 minute side by side facial with your loved one. Rounding out the treatments, we finish with a couples spa pedicure. Post pampering, indulge your taste buds with a luxury dessert from Estelle Wine Bar & Bistro served with a bottle of Dom Perignon to share in our relaxation room. For a lasting finish, be treated to some of our exclusive spa products to take home with you as a special gift. (7:00 PM - 11:00 PM)









## Just For Him

### Muscle Reviver

50 mins

Relieve stress while alleviating pressure and tightness in the back, face and scalp with this fast-acting and focused massage. Ideal for those who suffer with tension headaches or neck strain, it effectively soothes tight muscles and calms the mind, leaving you feeling revived and invigorated for the day ahead or relaxed and calm for a peaceful night's sleep.

### Revitalizing Men's Facial

80 mins

Purify, smooth and reawaken skin with this stimulating facial treatment. Deeply cleanse and refresh your complexion while removing dull, dead cells and boosting cell regeneration. Personalized facial massage and a cooling and toning mask complete this treatment, to leave skin toned and supple.

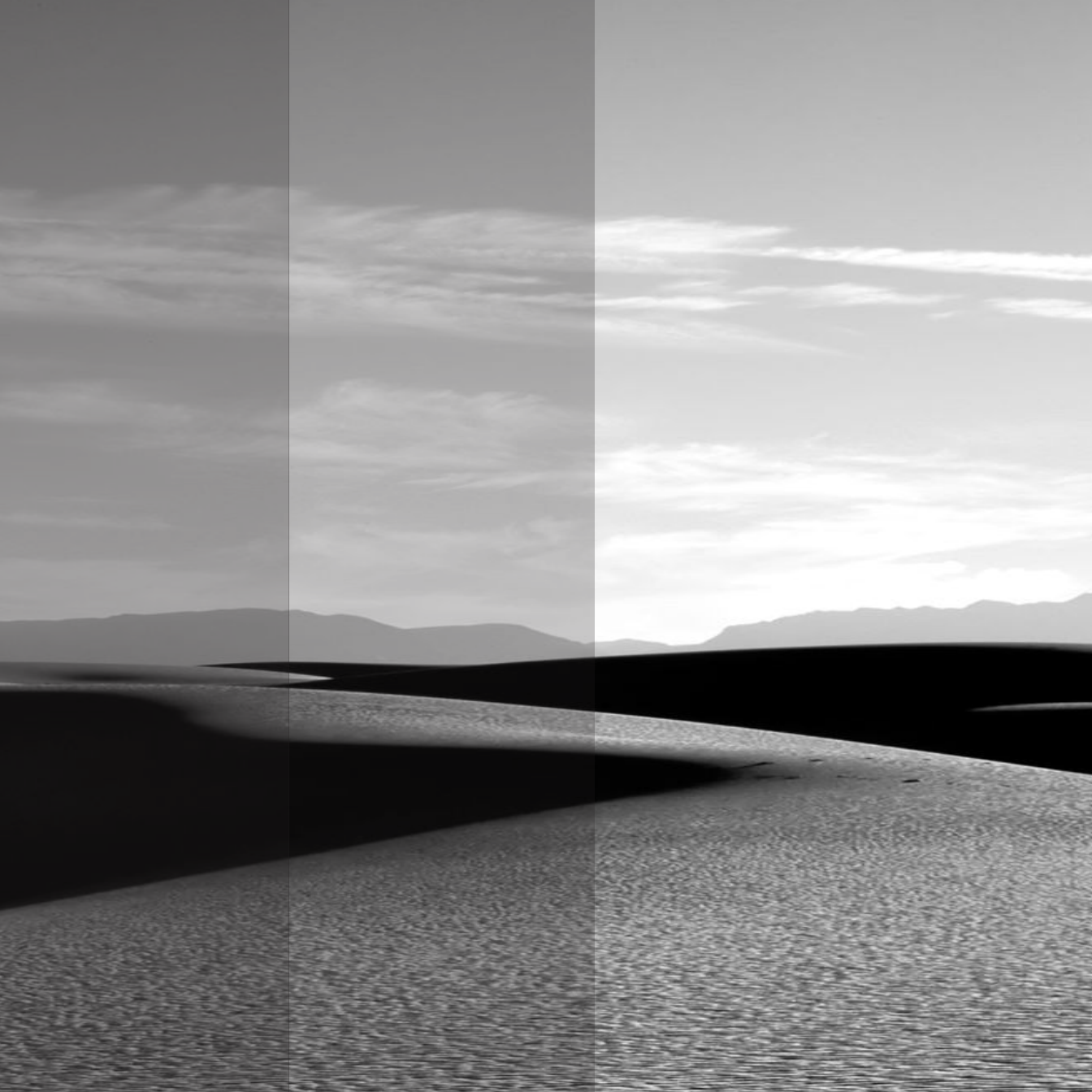


## Nail Salon

-  Spa Manicure 45 mins  
The perfect finishing touch – discover immaculately conditioned and beautifully presented hands and nails with this express manicure.
-  Spa Pedicure 50 mins  
Treat overworked feet to a little soothing nourishment and reveal perfectly polished or buffed toenails with this express pedicure.
- Classic Manicure 35 mins  
Our Classic Manicure is performed to soften hands and dry nails with a hydrating scrub. Nails are trimmed, groomed and polished to perfection.
- Classic Pedicure 40 mins  
Using an array of soak scrubs, and smoothing salves to treat rough cuticles and callouses. Feet are refreshed, smooth and perfectly pretty.
- OPI Gel Nails 45 mins

## Waxing Services

Brow	\$15	Half Leg	\$30	Back	\$45
Lip	\$15	Full Leg	\$60	Half Arm	\$35
Brow & Lip	\$25	Facial	\$39	Full Arm	\$50
Bikini	\$45	Bikini Plus	\$65		



## Soul Spa Packages

Mind, Body and Soul Indulgence

4 hours

This indulgence begins with our deeply therapeutic Aromatherapy Massage using blends of essential oils whose aromatic appeal is a response to each individual's needs. The massage is then followed by our Revitalize facial, revealing instant skin radiance. Finish your day of pampering with our classic manicure and pedicure. Package includes:

- 90 Minute Aromatherapy Massage
- 60 Minute Revitalize Facial
- Classic Manicure and Classic Pedicure

## Group Events & Gift Cards

Soul Spa can help you host the perfect social or corporate event. Spa services make any occasion memorable. Soul Spa is available to customize all group events. Please contact our spa receptionist at [info@soulspajackson.com](mailto:info@soulspajackson.com)

Gift cards are available – an ideal present for someone special. Please contact the Spa Receptionist for details.

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